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Hello everyone!

The topic for today's class, July 16, 2021, is **"Talking About Personality"**

We will participate in three activities:

1. Review common vocabulary to describe people, and look at three popular "personality tests."

2. Small Group Practice

- Describe the personality of someone you know well
 - What are some positive traits?
 - What are some negative traits?
- How would you describe *your own* personality?
- Have you taken a personality test? What did you learn?

3. Big group wrap-up: comments and questions



If you have any questions or comments on this content, please feel free to contact me at: annhillen.esl@gmail.com -- I would love to hear from you!

Here are common vocabulary words used in American English to describe someone's personality

Describing People – Personality Traits

POSITIVE

optimistic
pleasant
intelligent
generous
kind
fun
polite
hard-working
outgoing
friendly
honest
independent
calm
charismatic
cheerful
gregarious
dependable
warm
cooperative
talkative
flexible

NEGATIVE

pessimistic
grumpy
stupid
selfish
mean
boring
rude
lazy
shy
self-centered
insincere
needy
anxious
dull
sad
serious
unreliable
cold
difficult
quiet
rigid

Here are two sample conversations describing personality. When describing someone's personality, try to add details to explain why you think this person has a certain trait:

Maria: Hello Alex. What is your new boss like?

Alex: She is very friendly and generous. Every morning she greets us with a smile and says hello. She frequently asks us about our families. Also, she brings doughnuts to our weekly staff meetings!

Maria: Hello Alex. What is your new boss like?

Alex: She is grumpy and selfish. She is always in a bad mood and rarely talks to us. Yesterday a client sent our team a box of cookies and she kept them all to herself!



John: Hello Ruby. What is your new roommate like?

Ruby: He is very funny and polite. He is always telling jokes and he is considerate of keeping our place clean and tidy. Yesterday he vacuumed the entire apartment!

John: Hello Ruby. What is your new roommate like?

Ruby: He is annoying and rude. He watches TV all day with the volume up way high, and he talks to me like I am his servant. Yesterday he shouted from the couch "hey, bring me my laptop."

Personality Test – a standardized test designed to identify a person’s natural characteristics, or “why they are the way they are.”

Here are three popular personality tests:

#1 The Five Factor Model (aka The Big Five)



#2 Myers Briggs Type Indicator

ISTJ

Responsible, sincere, analytical, reserved, realistic, systematic. Hardworking and trustworthy with sound practical judgment.

ISFJ

Warm, considerate, gentle, responsible, pragmatic, thorough. Devoted caretakers who enjoy being helpful to others.

INFJ

Idealistic, organized, insightful, dependable, compassionate, gentle. Seek harmony and cooperation, enjoy intellectual stimulation.

INTJ

Innovative, independent, strategic, logical, reserved, insightful. Driven by their own original ideas to achieve improvements.

ISTP

Action-oriented, logical, analytical, spontaneous, reserved, independent. Enjoy adventure, skilled at understanding how mechanical things work.

ISFP

Gentle, sensitive, nurturing, helpful, flexible, realistic. Seek to create a personal environment that is both beautiful and practical.

INFP

Sensitive, creative, idealistic, perceptive, caring, loyal. Value inner harmony and personal growth, focus on dreams and possibilities.

INTP

Intellectual, logical, precise, reserved, flexible, imaginative. Original thinkers who enjoy speculation and creative problem solving.

ESTP

Outgoing, realistic, action-oriented, curious, versatile, spontaneous. Pragmatic problem solvers and skillful negotiators.

ESFP

Playful, enthusiastic, friendly, spontaneous, tactful, flexible. Have strong common sense, enjoy helping people in tangible ways.

ENFP

Enthusiastic, creative, spontaneous, optimistic, supportive, playful. Value inspiration, enjoy starting new projects, see potential in others.

ENTP

Inventive, enthusiastic, strategic, enterprising, inquisitive, versatile. Enjoy new ideas and challenges, value inspiration.

ESTJ

Efficient, outgoing, analytical, systematic, dependable, realistic. Like to run the show and get things done in an orderly fashion.

ESFJ

Friendly, outgoing, reliable, conscientious, organized, practical. Seek to be helpful and please others, enjoy being active and productive.

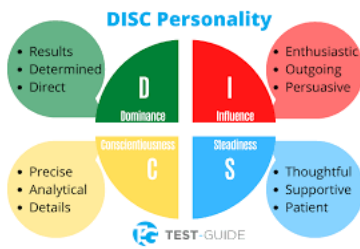
ENFJ

Caring, enthusiastic, idealistic, organized, diplomatic, responsible. Skilled communicators who value connection with people.

ENTJ

Strategic, logical, efficient, outgoing, ambitious, independent. Effective organizers of people and long-range planners.

#3 DISC Personality



WARNING:

You can find many of these tests free on the internet. They are interesting and entertaining, and can be used as a tool for personal growth in understanding our strengths and weaknesses. BUT, they can be misused and misunderstood. The result of a personality test is not “you.” When these tests are used by organizations (employers, schools, military, etc.) to categorize people, the problem is they don’t provide an accurate depiction of a person’s *whole* personality, capabilities and ambitions. Most importantly, none of these tests have any scientific validity.